

TARGET LIST OF SCHOOLS - GATHER ALL THE CONTACT INFORMATION FOR THE COACHES

Compile a list of schools that you are interested in attending. Go to the Athletic Staff Directory to gather all information; Volleyball is always at the bottom of the directory.

Keep in mind your academic level, athletic talent, and school preferences. Have two tiers of schools; Dream schools (this is Healthy) and safety schools you have identified that meet your criteria and are opportunities that you will pursue if the others don't work out. Choose 5 dream schools and 10 safety schools. *The more you contact the more you increase your athletic scholarship opportunity!*

Start asking yourself:

- ✓ What is your academic major; this may help identify where you want attend post club athletics
- ✓ What is my dream school, here do I want to go to school; West Coast, Mid-West, East Coast. Cold, Hot, Beach; somewhere you can go explore and have some fun as well.
- ✓ Go somewhere where you are going to stay and be happy!! What happens if you get hurt, is this school you still want to attend?
- ✓ Real important to commit to a program and school. This is what your goal should be for you and your perspective New Coach.

To Do:

-  **REGISTER WITH UNIVERSITY ATHLETE:** <http://www.universityathlete.com> - **Keep your stats updated every 2-3 months regularly!!** You can even add action photos and post tournament Highlight video to your UA profile.
-  **REGISTER WITH THE NCAA ELIGIBILITY CENTER:** <http://www.eligibilitycenter.org>
-  **REGISTER WITH RECRUITINGREGISTRY.COM:** <http://www.recruitingregistry.com>
-  **CREATE A PLAYER BIO:** Attach this to your email
-  **LET COACHES KNOW YOUR SCHEDULE:** You need to be proactive in letting coaches know exactly what your club team schedule is. The key is to already be in contact with a coach and let them know exactly where you will be and see if they will come watch you.
-  **FOLLOW UP RESPONSES/CONSTANT COMMUNICATION / STALK COACHES:** If coaches show interest you need to email weekly! Updates of your Club Team, Tournament Highlight Footage and or Skills video, HS season (when in season) and even send footage of HS so they can see your progression. Just a couple of sentences; keep **STALKING** them if you want to be remembered!!

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