

KINGDOM COURTS

2020 UPCOMING ACTIVITIES/PROGRAMS

Unless otherwise noted, sign up one week in advance thru kingdomcourts@cox.net.

TITLE	DATES	TIMES	COST
35+ adult draw	Every Sun	2-4pm	\$6/each
Friday skill training for 14U	Starting July 10	4:15-5:45pm	\$20/each
4x4 competition	Starting July 10	6-8:30pm	\$10/each

Weekly Basic Individual skills training (offer year round): 1 season or less playing experience, gear toward Junior High and beginners (1 hour of instruction, ½ hour of skill application)

() Set/Hit	Sun 6/28	4:15-5:45pm	\$15
() Team drills	Sun 7/5	OFF-INDEPENDENCE	
() Serve/serve received	Sun 7/12	4:15-5:45pm	\$15
() Set/Hit	Sun 7/19	4:15-5:45pm	\$15
() Team drills	Sun 7/26	4:15-5:45pm	\$15
() Serve/serve received	Sun 8/2	4:15-5:45pm	\$15
() Set/Hit	Sun 8/9	4:15-5:45pm	\$15
() Team drills	Sun 8/16	4:15-5:45pm	\$15
() Serve/serve received	Sun 8/23	4:15-5:45pm	\$15
() Set/Hit	Sun 8/30	4:15-5:45pm	\$15
() Team drills	Sun 9/6	OFF-LABOR DAY	
() Serve/serve received	Sun 9/13	4:15-5:45pm	\$15
() Set/Hit	Sun 9/20	4:15-5:45pm	\$15
() Team drills	Sun 9/27	4:15-5:45pm	\$15

SKILL CLINICS

Club Volleyball Preparatory
Pat Power

July 23-24

www.azsky.net
www.vbclinics.com

\$150/month

For advanced training with a specific skilled coach, contact DT at 602-300-1398 to set up time, instructor or court rental

PLEASE RETURN THIS FORM WITH PAYMENT IN FULL TO:
KINGDOM COURTS, 11410 N 19TH AVE, PHOENIX AZ 85029

MEDICAL RELEASE APPROVAL

I give my child _____ permission to participate in these activities
Current grade __, Years played volleyball __, **Age as of Sept 1, 2021** _____
Best contact person _____ and number _____, Email _____
Insurance Company _____, Policy/ID Number _____

I verify that my child has been checked by a licensed physician and is physically able to participate in the camps offered by Kingdom Courts. I hereby agree that I will not hold Kingdom Courts, Volley Heaven LLC, its' director(s), or its' contractors responsible for any loss, damages, or personal injury incurred as a result of participation. I hereby authorize the Director's of the activity to act for my child according to their best judgment in an emergency requiring medical attention. I agree to allow my child to be treated by a licensed physician (if necessary) and I will assume all costs related to such treatment. I authorize my insurance company to pay benefits and I also authorize the disclosure of medical information to my insurance company for the purpose of the claim.

PARENT OR GUARDIAN SIGNATURE _____ DATE _____

KINGDOM COURTS PROGRAMS

Your year round volleyball training facility

Get your game ready for this summer and beyond. Learn the fundamentals of servings, passing, hitting, setting from the best, most successful club coaches in Arizona.

TRAINING STAFFS:

Our highly dedicated, experienced staff has been very successful at molding young athletes into champions. They love the game of volleyball and continue to share their passion on and off the courts. For complete bio of some of our trainers, please visit www.azsky.net

KINGDOM COURTS ACTIVITY DESCRIPTION

SUNDAY 4:15-5:45PM SKILLS TRAINING

Design for athletes with 1 or less season of playing experience. Footwork and form are emphasized. Game like situation will be incorporated after each drill.

35+ DRAW 2-4PM

Open to all levels. Men (35 and older) and women (18 or older). Female younger than 18 must be accompanied by at least one parent/guardian on the court. Co-Ed 6 format, play 5 set to 21 and check in is required.

FRIDAY DRAW

CANCEL UNTIL FURTHER NOTICE

4x4 Competition

Design for athletes with 2 or more seasons of playing experience. Come with a team or as individual. Compete with other teams each Friday from 6-8:30pm in a fun, relaxed (no coaches on side line allowed) and friendly atmosphere.

CVP-CLUB VOLLEYBALL PREPARATORY

Design for all level from 8-14's that are interested in playing club volleyball. Footwork, forms and game like drills are emphasized. Month to month commitment and two practices each week are provided with AZ Sky coaches from July-Nov.

CVP-CLUB VOLLEYBALL PREPARATORY INTERMEDIATE/ADVANCED

This monthly program is for participants that do not play HS volleyball. Participants should have intermediate or higher level volleyball skills and in good playing condition. Individual skill training, team drills and conditioning are provided to get the participants ready for upcoming Club season competition. Focus will be mostly on position skill improvement.

ADVANCED SKILLS TRAINING

Advanced skills training require full duration commitment. Design for all ages in small group of 4-6 maximum per coach. Basic through advanced techniques will be instructed in serving, setting, passing, and hitting for individual or in small group. Game-like drills are emphasized with focus on position and team offense/defense.

TEAM DRILLS-OFFENSE/DEFENSE

Design for team play with emphasis on transition, play execution, strategies and skill development. Instructions are geared toward advanced players, young coaches and those that aspire to learn more about the game strategies. Rotational, Perimeter, Gold Medal Squared, Red and Middle Up defense will be reviewed.

COACHES CLINIC

The principal and philosophy that have given AZ Sky VBC many National/Regional championship seasons will be presented, demonstrated, discussed and taught. This clinic is designed for Junior High coaches, those that are interested in becoming a coach or are in the process of building a volleyball program.

- Try outs

- Develop practices to maximize touches

- Provide Feedback for positive results

- Select a defense to suit your team strength, build an offense to maximize all around skills

- Manage parents' expectation

Drills and on court participation are optional however, are highly encouraged.